

# Developmental Milestones

## THE SECOND YEAR

A GUIDE FOR PARENTS

Have you ever wondered how your child is growing and developing compared to other children of the same age? How do you know if your child is “on the right track”?

Your child is going through many physical and mental changes. Although no two children grow at the same rate, experts agree there are “typical” signs of development. This fact sheet provides a checklist of important milestones in your child’s development during the second year of life.

It is a simple tool you can use to become aware of and appreciate the dramatic changes that are occurring in your child.

Watch for these signs in your child over a one-month period. (Even children have “bad days.”) Remember, each child is different and may learn and grow at a different rate. However, if your child cannot do many of the skills listed for his or her age group, you should consult your pediatrician. If your child was born sooner than expected, be sure to deduct the number of months early from his or her age. A 5-month-old born two months early would be expected to show the same skills as a 3-month-old who was born on his or her due date. Several additional sources of information are listed in the next column.

You are the most important observer of your child’s development. If your child has special needs, early help can make a difference.

If you have questions about your child’s development or want to have your child tested,

- » call your pediatrician
- » call the local health department
- » contact the Make-A-Difference Information Network (They can help you find a testing locations near your community.) 1-800-332-6262, or visit <http://kskits.org/resources/MakeADifference.shtml>
- » contact the Parent Helpline (through Kansas Children’s Service League, <https://www.kcsl.org/ParentHelpLine.aspx>) (They can help you with questions about childrearing.) 1-800-CHILDREN (1-800-245-3736)

Contact your county or district extension office to obtain other publications in this series. Additional resources on parenting are also available.



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*The developmental information provided in this bulletin has been synthesized from a variety of professional resources to help you appreciate your child’s progress. It is not a formal, standardized measurement tool.*

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

## 18 MONTHS OF AGE, DOES YOUR CHILD:

### MOTOR SKILLS

- like to pull, push, and dump things
- pull off hat, socks, and mittens
- turn pages in a book
- stack two blocks
- carry a stuffed animal or doll
- scribble with crayons
- walk without help
- run stiffly, with eyes on the ground

### SENSORY AND THINKING SKILLS

- identify an object in a picture book
- laugh at silly actions (as in wearing a bowl as a hat)
- look for objects that are out of sight
- put a round lid on a round pot
- follow simple one-step directions
- solve problems by trial and error

### LANGUAGE AND SOCIAL SKILLS

- say 8 to 10 words you can understand
- look at a person who is talking to him
- ask specifically for her mother or father
- use "hi," "bye," and "please" with reminders
- protest when frustrated
- ask for something by pointing or by using one word
- direct another's attention to an object or action
- become anxious when separated from parent(s)
- seek attention
- bring toys to share with parent
- act out a familiar activity in play (as in pretending to take a bath)
- play alone on the floor with toys
- compete with other children for toys
- recognize herself in the mirror or in pictures
- seem selfish at times

## 2 YEARS OF AGE, DOES YOUR CHILD:

### MOTOR SKILLS

- drink from a straw
- feed himself with a spoon
- help in washing hands
- put arms in sleeves with help
- build a tower of three to four blocks
- toss or roll a large ball
- open cabinets, drawers, boxes
- operate a mechanical toy
- bend over to pick up a toy and not fall
- walk up steps with help
- take steps backward

### SENSORY AND THINKING SKILLS

- like to take thing apart
- explore surroundings
- point to five to six parts of a doll when asked

### LANGUAGE AND SOCIAL SKILLS

- have a vocabulary of several hundred words
- use two- to three-word sentences
- say names of toys
- ask for information about an object (asks, "Shoe?" while pointing to shoe box)
- hum or try to sing
- listen to short rhymes
- like to imitate parents
- sometimes gets angry and has temper tantrums
- act shy around strangers
- comfort a distressed friend or parent
- take turns in play with other children
- treat a doll or stuffed animal as though it were alive
- apply pretend action to others (as in pretending to feed a doll)
- show awareness of parental approval or disapproval for her actions

- refer to self by name and use "me" and "mine"
- verbalize his desires and feelings ("I want cookie")
- laugh at silly labeling of objects and events (as in calling a nose an ear)
- enjoy looking at one book over and over
- point to eyes, ears, or nose when you ask

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